

Radiogram No.900u

Form 24 for 07/17/05

ONBOARD TRAINING: SOYUZ 216 RELOCATION FROM DC1 TO FGB

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-08:00		Work prep
08:05-08:20		Daily planning conference (<i>S-band</i>)
08:20-11:20		Relocation Onboard Training. Tagup with specialists. (<i>VHF, S-band</i>)
11:25-12:55	CDR	Physical Exercise (TVIS) Day 3
	FE-1	PCS HDD Cloning
12:55-13:55		LUNCH
13:55-14:35	FE-1	A/L smoke detector inspection
14:00-14:10	CDR	PLANTS-2. Data downlink (init)
14:35-15:10	FE-1	Lab smoke detector inspection
15:00-15:30	CDR	COX maintenance
15:10-15:40	FE-1	Inspection of Node-1 smoke detector
15:30-15:40	CDR	PLANTS-2. Data downlink (term)
15:40-16:40	FE-1	Physical Exercise (TVIS)
15:40-16:00	CDR	IMS file prep
16:00-16:20		PLANTS-2. Plant sample collection
16:40-18:10	FE-1	Physical Exercise (RED)
17:05-17:10	CDR	On MCC GO: ISS O2 repress from Progress 353 CpПК (Oxygen Supply Facility) (start)
17:10-18:10		Physical exercise (VELO + Load Trainer/Cycle 1), day 3
18:10-18:15		ISS O2 repress from Progress 353 CpПК (terminate)
	FE-1	Transfer TVIS, RED, and HRM data to MEC
19:00-19:15		Daily planning conference (<i>S-band</i>)
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

Note: See OSTP for references to US activities.

End of radiogram